YMCA EAST LONDON

Community Café Menu & Prices

Main Menu

Soup	£1.00
Soup & bread	£1.50
Main meal meat *	£5.50
Main meal fish *	£4.90
Main meal vegetarian *	£4.50
Roast of the day *	£6.50
Jacket potato	£1.50
Fillings each	£0.80
Portion chips/wedges	£1.20
Portion vegetables/potato	£0.60

* Includes one portion of potato & vegetable

Hot & Cold Drinks

				Bottled water	£1.00
		Tea/Speciality Tea	£1.50	Bottled drinks	£1.20
		Americano/Espresso/	1	Yazoo small	£0.80
		Macchiato/Flat White	£1.50	Yazoo large	£1.50
		Latte/Mocha/		Smoothies	£1.50
		Cappuccino/Decaf		Ribena 288ml	£0.80
Salads		Coffee/ Hot chocolate	£2.00	Red Bull	£1.50
Small salad	£2.00				
Large salad	£2.50	All fresh fruit po		i i uit menu	
Hard boiled egg	£0.40	Piece of frui	it £0.50		
Cheese/tuna/		All yoghurts	s £0.80		
coleslaw pot	£0.70			3	nacks
Pasta salad	£3.25			All chocolate bars	£0.70
Chicken & honey salad	£3.25				
Feta & barley salad	£3.50			Cookies & muffing	
Vegan rainbow salad	£3.50			Popcorn	£1.00
				Walkers crisps Naked	£0.70 £0.70
				Biscuits	£0.50
		Aftern	ioon		
Sa	ndwiches	Теа			
		S	cones witl	h jam £2.00	
Sandwiches band A,	B, C, D £2.5	50 C	hocolate c	ake £2.00	
Sandwiches band E	£2.8		ssorted ca	nkes £2.00	

Meal deal: Chocolate fudge cake

Sandwiches band F, G, H Sandwiches band J, K, L Veggie panini Meat panini

Prawn sandwich

£3.80 £3.00 £3.00

£3.00

£3.50

Meal Deal: Any sandwich band A-D, bag of crisps, piece of fruit & can of drink

Please note: items & costs may be subject to change.

+ tea or coffee £3.50

Brunch

Velvet cake

Pancake with syrup£2.30Pancake with fruits£2.50Egg benedict£2.50Egg Florentine£2.50Cheese Omelette +£2.50chips£2.50

£2.50

YMCA

More than a place to eat and drink!

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION