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Youth Voice NEWSLETTER

April 2025

Highlights of the Month

FOREST YMCA

We engaged with
330
Young People
This Month!



Hayes/Ealing

As part of their social action project, young people from the Finding Your Feat programme planned and led a brilliant 2-hour football training session for children aged 10–12 in Hayes. From drills to a friendly match, they coached, mentored, and took full control of the event—building confidence, leadership skills, and making a real impact in the community.



Walthamstow

We had a visit from the Waltham Forest Community Health Champions who dropped by to chat about how we can all get involved in making our borough a healthier, happier place. They're looking for young people who live, work, or study in Waltham Forest and care about mental health, fitness, or just helping others feel good.



RAF Northolt

With sunny weather returning, the Airplay group tended to the planters that were planted last year. As part of our 'Bee Friendly' space where young people can take some quiet time, get some fresh air, and relax, the flowers we planted were specifically selected to encourage bees. We can't wait to see them bloom again!



Northolt High

During NHS Outreach Week at Northolt High School, we were excited to engage with over 100 young people from across all year groups, creating space for them to connect, learn, and get involved. Outreach Week was not only about raising awareness but also about building relationships and showing young people that their voices matter.

Become a Youth Representative!

Join our Youth Council to make a difference and have your voice heard. Interested?
Chat to a Youth Worker today – we'd love to hear from you!

Bring your ideas, share your views, and help shape the future of youth services in your community. Working with other young people, Youth Workers, and Management to create real, positive change.



Upcoming Events

- Finding Your Feat: Mondays 10am–3pm March/April, YMCA Hayes
- Easter School Holidays: 7 – 17 April
- The London Marathon: 27 April

Did you know?

Your Brain is Faster Than the Internet

Your brain can send signals at speeds of up to 268 miles per hour — faster than a Formula 1 car and most broadband connections!

