



# TIMETABLE

Sessions are in the Resident Zone with the Progression & Chaplaincy Teams unless stated otherwise  
See weekly What's On Posters for weekly information

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MORNING

**Progression  
Team 1-1  
sessions &  
at other  
sites**

10:30am - 12:30pm  
**Weekly Life Skills Workshops**  
*See workshop timetable & weekly What's On  
for sessions*

11am - 12noon  
**Basic Skills Drop In** (English, Math's and  
IT) With Marie

**Welcome Group**  
*See weekly What's on for times*

**Progression  
Team  
at other site**

10:30am- 12:30pm  
**Progression Drop In**  
Employment Skills, Course Advice,  
Budgeting, Life Skills, Independent  
Living, Personal Development

**Progression  
Team 1-1  
sessions & at  
others sites**

### LUNCHTIME, AFTERNOON & EVENINGS

1pm - 2pm  
**Life, Faith, CRE:ATE**  
Discussion, Art & Light Lunch

1pm - 4pm  
**Job Club Drop In**  
Employment Skills & Search, Course Advice

2pm - 3:30pm  
**Conversational English**  
**Every 4th Tuesday**  
1pm - 2pm & 5pm - 6pm  
**Resident Meeting with food**

**Singing at  
Wimbledon  
Drama at  
Wimbledon**  
*Travel  
Provided*

2pm-4pm  
**Wellbeing Cafe**  
**Every 4th Thursday**  
*Progression Team at other sites*

**Various Thursdays**  
**Film Nights** with Sunny  
*See posters for dates and films*

**12 - 1pm  
Multisport**  
in the Sports Hall  
with Judi

For more  
information scan



See the Progression Team for gardening, volunteering, finding a  
course or apprenticeships & becoming a Resident Rep.  
One to one sessions throughout the week

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