

# Youth Voice NEWSLETTER



## Highlights of the Month



## YMCA ST PAUL'S YOUTH PROJECT



### Hayes/Ealing

Another quiet month while many of our service users fast for Ramadan, but this has also allowed for some intensive skills training at our football and gym sessions for the smaller groups. Our football coaches have seen some impressive improvements in footwork, dribbling, and passing!



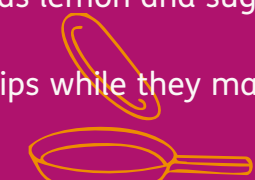
### Walthamstow

We run a relaxed sexual health drop-in at YMCA Walthamstow every Tuesday and Wednesday from 4-6pm for young people aged 16-25. It's a space where you can ask questions, get advice, or just have a chat about anything related to sexual health. No pressure, no judgement. Just ask for Piara at reception if you drop by.



### RAF Northolt

The young people at RAF Northolt enjoyed a belated pancake day making pancakes with classic toppings such as lemon and sugar, syrup, strawberries, and chocolate spread. A couple of them got a couple of excellent flips while they made their pancakes!



### Islip Manor High School

February half-term at youth club was a brilliant few days, with young people getting stuck into gaming, board games, arts and crafts, and sports, as well as having time to relax and hang out together. It was great to see everyone connecting, trying new things, and enjoying a safe, welcoming space.

## Thank You for Sharing Your Voice!

Thanks to everyone who took the time to complete our recent Youth Consultation and Participants Survey! We really appreciate you sharing your thoughts and experiences.

Your feedback helps us understand what's working, what could be improved, and how we can shape future activities. We'll be sharing the results soon, so keep an eye out!



## Upcoming Events

- Easter Holidays: RAF Northolt Gardening Project begins
- YMCA Walthamstow basketball tournament

## Did you know?

The Milano Cortina 2026 Winter Paralympics is just the 14th edition of the Games, which began at Stoke Mandeville Hospital in 1948 with only 16 athletes, compared to over 600 competing today!

