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Youth Voice NEWSLETTER

August 2026

Highlights of the Month



YMCA ST PAUL'S
YOUTH PROJECT



Hayes/Ealing

Botwell football sessions continue to run well, with many over-14s now progressing to the older group. This gives them space to develop at the right level while allowing younger players room to grow. We've also been encouraging young people to lead stretches, drills, and support younger players through peer leadership.



RAF Northolt

With the current spell of hot weather, the Airplay group have really enjoyed the air conditioning at The Link! Unfortunately, there's no a/c in the polytunnel, but we will be spending some time in there over the summer holidays to tackle some of the growth and do a big harvest – tomatoes galore!



Thank You for Sharing Your Voice!

Your voices are shaping our new Youth Strategy, calling for more activities and safe spaces, better mental health support, more skills and job support, and mentors who truly listen.

What Happens Next? We're turning your ideas into action: expanding activities, boosting wellbeing support, growing skills programmes, and bringing in more youth mentors. You can help us shape the next steps - stay tuned!



Walthamstow

Waltham Forest Public Health ran a short sexual health session, giving clear advice and signing young people up to the free condom card scheme.

We also had a great trainer donation from local skate group Everyone on Boards, and young people were excited to grab a new pair.



Islip Manor High School

Summer Holiday Youth Club is in full swing, packed with brilliant activities and big days out - from Thorpe Park rollercoasters to exploring London Zoo.

Everyone's already looking forward to our Bournemouth Beach trip at the end of the holidays!

Upcoming Events

- 26th August - Bournemouth Beach Trip
- 28th August - Basketball Tournament, YMCA Walthamstow

Did you know?

During hot summer months, the Eiffel Tower can increase in size by up to 6 inches compared to its height in winter months! This is due to heat causing the metal in the framework to expand – thermal expansion!

