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Youth Voice NEWSLETTER

October 2026

Highlights of the Month



YMCA ST PAUL'S YOUTH PROJECT



Hayes/Ealing

The gym regulars at Hayes continue to enjoy their sessions with the expert support of Pourya as they work towards their personal fitness goals. Football remains a weekly highlight for many of our young people, and as those we have known for years move into the older sessions, it's great to see their growth both personally and as players.



RAF Northolt

The team at RAF Northolt attended a Service Support Open Evening, supported by three Young Leaders who helped with refreshments, welcoming attendees, and event set-up. Their enthusiasm and professionalism earned positive feedback from organisers, making it a great opportunity to showcase the skills and potential of our young people.



Walthamstow

The Walthamstow Youth Team attended an Open Day at Waltham Forest College to promote our YMCA youth service and connect with students. It was a great opportunity to raise awareness of our programmes, build relationships with college staff, network with local organisations, and meet new people from across the community.



Finding Your Feat

Finding Your Feat has moved into the next stage of the project, with the group visiting the local Canal & River Trust yard to learn about Britain's canal systems and their importance today. As part of the work experience element, participants also helped organise resources, support that was greatly appreciated by the Trust's Volunteering Leader, Emilie.

Thank You for Sharing Your Voice!

Your voices are shaping our new Youth Strategy, calling for more activities and safe spaces, better mental health support, more skills and job support, and mentors who truly listen.

What Happens Next? We're turning your ideas into action: expanding activities, boosting wellbeing support, growing skills programmes, and bringing in more youth mentors. You can help us shape the next steps - stay tuned!



Upcoming Events



- Finding Your Feat Reward Day: Go-Karting
- Finding your Feat Social Action Project: Sports Day

Did you know?

Sheffield FC is recognised as the oldest existing football club in the world, having been founded in October 1857, meaning it has a history spanning more than 165 years!

